



WEEK 4

Vegan and vegetarian alternatives

MONDAY

Lunch

Garlic bread

Vegetable pasta bake with peas and sweetcorn

Tea

Assorted sandwiches and vegetable sticks

Homemade sponge

TUESDAY

Lunch

Vegetable casserole, mashed potato, swede, and carrots

Fruit yoghurts

Tea

Pizza slices and vegetable sticks

Homemade flapjack

A breakfast of assorted cereals is served until 8.30am

A selection of mid-morning snacks are served daily with milk or water

WEDNESDAY

Lunch

Vegetable sticks and houmous

Hunters Quorn chicken with sweet potato chips, sweetcorn, and peas

Tea

Macaroni cheese (vegan cheese)

Fruit salad

THURSDAY

Lunch

Creamy vegetable pie served with seasonal vegetables

Fruit jelly

Tea

Beans and homemade bread

Chocolate cake

FRIDAY

Lunch

Quorn smoky ham roast, roast potatoes, carrots and broccoli

Fruit yoghurts

Tea

Vegan tomato and cheese puff slices

Chocolate chip cookies